

# Skill Assessment Report

**Name** MAYANVI DHURVE  
**Class** II-A  
**Age** 8 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321118000260  
**Gender** Female

	Period	Weight	Height	BMI
Current	10/1/2019	25 kg	132 cm	(14.35)
Previous	4/1/2019	23 kg	125 cm	(14.72)

## Coordination

### Plate Tapping (25 cycles)

Term-I	Term-II
x	23 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	0 falls

## My BMI

	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
Body Mass Index					25kg	132cm	(14.35)	<=13.60	<15.80	<18.20	>20.60
Current					23kg	125cm	(14.72)				
Previous											

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis

## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Locomotor Skills

### Skipping

	Term-I	Term-II
• Children land on their toes	✓	✓
• Arms extended to help maintain balance while shifting weight from one foot to another	✓	✓
• Force applied upwards for the hop action to allow the opposite leg to swing forward freely	✓	x
• Step-hop pattern is smooth and coordinated	✓	x

### Jumping and landing

	Term-I	Term-II
• Arms swing back behind the body and crouch position is deeper in preparation	✓	✓
• Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully	✓	✓
• Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.	✓	x
• Landing is controlled, balanced and safe	✓	x

## Manipulative Skills

### Over arm throw

	Term-I	Term-II
• Follow through with the throwing arm - in the direction of the target	x	✓
• Definite turning of the body through legs, hips and shoulders	✓	✓
• Swing through - long arm at release	✓	x
• Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction	x	x
• Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm	✓	✓

### Striking drop & hit forward

	Term-I	Term-II
• Ball held in fingers of opposite hand with fingers pointing to the ground	x	✓
• TT bat held in preferred hand, shake hand grip	x	✓
• Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.	x	x
• Stance is side-on the hitting direction with body weight on the back foot	x	x
• The arm is outstretched perpendicular to the direction of hitting	x	✓
• During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction	x	✓

# Skill Assessment Report

**Name** SHINU SHIVWANSHI  
**Class** II-A  
**Age** 8 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321118000264  
**Gender** Female

	Period	Weight	Height	BMI
Current	10/1/2019	20 kg	121 cm	(13.66)
Previous	4/1/2019	17 kg	116 cm	(12.63)

## Coordination

### Plate Tapping (25 cycles)

Term-I	Term-II
x	24 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	5 falls

## My BMI

	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
Body Mass Index					20kg	121cm	(13.66)	<=13.60	<15.80	<18.20	>20.60
Current											
Previous					17kg	116cm	(12.63)				

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis

## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Locomotor Skills

### Skipping

- Arms extended to help maintain balance while shifting weight from one foot to another
- Step-hop pattern is smooth and coordinated
- Children land on their toes
- Force applied upwards for the hop action to allow the opposite leg to swing forward freely

Term-I	Term-II
✓	x
✓	✓
✓	✓
✓	✓

### Jumping and landing

- Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully
- Arms swing back behind the body and crouch position is deeper in preparation
- Landing is controlled, balanced and safe
- Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.

Term-I	Term-II
✓	x
✓	✓
✓	✓
✓	✓

## Manipulative Skills

### Striking drop & hit forward

- The arm is outstretched perpendicular to the direction of hitting
- Stance is side-on the hitting direction with body weight on the back foot
- During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction
- Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.
- TT bat held in preferred hand, shake hand grip
- Ball held in fingers of opposite hand with fingers pointing to the ground

Term-I	Term-II
x	x
✓	✓
✓	✓
x	✓
x	✓
✓	✓

### Over arm throw

- Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction
- Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm
- Swing through - long arm at release
- Definite turning of the body through legs, hips and shoulders
- Follow through with the throwing arm - in the direction of the target

Term-I	Term-II
x	x
x	✓
x	✓
x	✓
x	✓

# Skill Assessment Report

**Name** SRASHTI PAWAR  
**Class** II-A  
**Age** 7 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321118000265  
**Gender** Female

	Period	Weight	Height	BMI
Current	10/1/2019	18 kg	123 cm	(11.90)
Previous	4/1/2019	17 kg	115 cm	(12.85)

## Coordination

### Plate Tapping (25 cycles)

Term-I	Term-II
x	21 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	4 falls

## My BMI

	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
Body Mass Index					18kg	123cm	(11.90)	<=13.40	<15.40	<17.60	>19.60
Current											
Previous					17kg	115cm	(12.85)				

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis

## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Locomotor Skills

### Skipping

- Arms extended to help maintain balance while shifting weight from one foot to another
- Step-hop pattern is smooth and coordinated
- Force applied upwards for the hop action to allow the opposite leg to swing forward freely
- Children land on their toes

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓

### Jumping and landing

- Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully
- Arms swing back behind the body and crouch position is deeper in preparation
- Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.
- Landing is controlled, balanced and safe

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓

## Manipulative Skills

### Over arm throw

- Swing through - long arm at release
- Definite turning of the body through legs, hips and shoulders
- Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction
- Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm
- Follow through with the throwing arm - in the direction of the target

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓
✓	✓

### Striking drop & hit forward

- TT bat held in preferred hand, shake hand grip
- The arm is outstretched perpendicular to the direction of hitting
- Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.
- Ball held in fingers of opposite hand with fingers pointing to the ground
- During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction
- Stance is side-on the hitting direction with body weight on the back foot

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓
✓	✓
✓	✓

# Skill Assessment Report

**Name** SAKSHI VISHWAKARMA  
**Class** II-A  
**Age** 7 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321118000276  
**Gender** Female

	Period	Weight	Height	BMI
Current	10/1/2019	18 kg	119 cm	(12.71)
Previous	4/1/2019	14 kg	116 cm	(10.40)

## Coordination

### Plate Tapping (25 cycles)

Term-I	Term-II
x	23 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	3 falls

## My BMI

	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
Body Mass Index					18kg	119cm	(12.71)	<=13.40	<15.40	<17.60	>19.60
Current					18kg	119cm	(12.71)	<=13.40	<15.40	<17.60	>19.60
Previous					14kg	116cm	(10.40)	<=13.40	<15.40	<17.60	>19.60

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis

## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Locomotor Skills

### Jumping and landing

- Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully
- Arms swing back behind the body and crouch position is deeper in preparation
- Landing is controlled, balanced and safe
- Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓

### Skipping

- Force applied upwards for the hop action to allow the opposite leg to swing forward freely
- Step-hop pattern is smooth and coordinated
- Arms extended to help maintain balance while shifting weight from one foot to another
- Children land on their toes

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓

## Manipulative Skills

### Over arm throw

- Swing through - long arm at release
- Definite turning of the body through legs, hips and shoulders
- Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction
- Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm
- Follow through with the throwing arm - in the direction of the target

Term-I	Term-II
✓	✓
✓	✓
x	✓
✓	✓
x	✓

### Striking drop & hit forward

- Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.
- Ball held in fingers of opposite hand with fingers pointing to the ground
- The arm is outstretched perpendicular to the direction of hitting
- TT bat held in preferred hand, shake hand grip
- Stance is side-on the hitting direction with body weight on the back foot
- During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓
✓	✓
✓	✓

# Skill Assessment Report

**Name** PRATYUSHA UIKEY  
**Class** II-A  
**Age** 7 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321118000279  
**Gender** Female

	Period	Weight	Height	BMI
Current	10/1/2019	22 kg	123 cm	(14.54)
Previous	4/1/2019	17 kg	109 cm	(14.31)

## Coordination

### Plate Tapping (25 cycles)

Term-I	Term-II
x	25 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	0 falls

## My BMI

Body Mass Index	Current	Previous	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
							22kg	123cm	(14.54)	<=13.40	<15.40	<17.60	>19.60
							17kg	109cm	(14.31)				

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis

## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Locomotor Skills

### Jumping and landing

- Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully
- Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.
- Arms swing back behind the body and crouch position is deeper in preparation
- Landing is controlled, balanced and safe

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓

### Skipping

- Force applied upwards for the hop action to allow the opposite leg to swing forward freely
- Step-hop pattern is smooth and coordinated
- Arms extended to help maintain balance while shifting weight from one foot to another
- Children land on their toes

Term-I	Term-II
x	✓
x	✓
x	✓
x	✓

## Manipulative Skills

### Striking drop & hit forward

- TT bat held in preferred hand, shake hand grip
- Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.
- Ball held in fingers of opposite hand with fingers pointing to the ground
- During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction
- The arm is outstretched perpendicular to the direction of hitting
- Stance is side-on the hitting direction with body weight on the back foot

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓
✓	x
✓	✓

### Over arm throw

- Swing through - long arm at release
- Definite turning of the body through legs, hips and shoulders
- Follow through with the throwing arm - in the direction of the target
- Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction
- Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm

Term-I	Term-II
✓	✓
✓	✓
x	✓
x	✓
✓	x

# Skill Assessment Report

**Name** TANYA  
**Class** II-A  
**Age** 7 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321118000281  
**Gender** Female

	Period	Weight	Height	BMI
Current	10/1/2019	16 kg	116 cm	(11.89)
Previous	4/1/2019	15 kg	112 cm	(11.96)

## Coordination

### Plate Tapping (25 cycles)

Term-I	Term-II
x	30 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	4 falls

## My BMI

	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
Body Mass Index					16kg	116cm	(11.89)	<=13.40	<15.40	<17.60	>19.60
Current					15kg	112cm	(11.96)				
Previous											

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis

## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Locomotor Skills

### Jumping and landing

- Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully
- Arms swing back behind the body and crouch position is deeper in preparation
- Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.
- Landing is controlled, balanced and safe

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓

### Skipping

- Arms extended to help maintain balance while shifting weight from one foot to another
- Step-hop pattern is smooth and coordinated
- Children land on their toes
- Force applied upwards for the hop action to allow the opposite leg to swing forward freely

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓

## Manipulative Skills

### Striking drop & hit forward

- TT bat held in preferred hand, shake hand grip
- The arm is outstretched perpendicular to the direction of hitting
- Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.
- During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction
- Ball held in fingers of opposite hand with fingers pointing to the ground
- Stance is side-on the hitting direction with body weight on the back foot

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓
✓	✓
✓	✓

### Over arm throw

- Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction
- Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm
- Follow through with the throwing arm - in the direction of the target
- Swing through - long arm at release
- Definite turning of the body through legs, hips and shoulders

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓
✓	✓

# Skill Assessment Report

**Name** PRIYANKA SHARMA  
**Class** II-A  
**Age** 7 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321118000284  
**Gender** Female

	Period	Weight	Height	BMI
Current	10/1/2019	20 kg	125 cm	(12.80)
Previous	4/1/2019	17 kg	110 cm	(14.05)

## Coordination

### Plate Tapping (25 cycles)

Term-I	Term-II
x	30 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	2 falls

## My BMI

Body Mass Index	Current	Previous	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
							20kg	125cm	(12.80)	<=13.40	<15.40	<17.60	>19.60
							17kg	110cm	(14.05)				

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis

## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Locomotor Skills

### Jumping and landing

- Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.
- Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully
- Arms swing back behind the body and crouch position is deeper in preparation
- Landing is controlled, balanced and safe

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓

### Skipping

- Children land on their toes
- Step-hop pattern is smooth and coordinated
- Arms extended to help maintain balance while shifting weight from one foot to another
- Force applied upwards for the hop action to allow the opposite leg to swing forward freely

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓

## Manipulative Skills

### Over arm throw

- Follow through with the throwing arm - in the direction of the target
- Swing through - long arm at release
- Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction
- Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm
- Definite turning of the body through legs, hips and shoulders

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓
✓	✓

### Striking drop & hit forward

- Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.
- Ball held in fingers of opposite hand with fingers pointing to the ground
- TT bat held in preferred hand, shake hand grip
- Stance is side-on the hitting direction with body weight on the back foot
- The arm is outstretched perpendicular to the direction of hitting
- During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓
✓	✓
✓	✓

# Skill Assessment Report

**Name** PARIDHI PANDIYA  
**Class** II-A  
**Age** 7 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321118000285  
**Gender** Female

	Period	Weight	Height	BMI
Current	10/1/2019	19 kg	120 cm	(13.19)
Previous	4/1/2019	17 kg	114 cm	(13.08)

## Coordination

### Plate Tapping (25 cycles)

Term-I	Term-II
x	19 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	1 falls

## My BMI

	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
Body Mass Index					19kg	120cm	(13.19)	<=13.40	<15.40	<17.60	>19.60
Current											
Previous											

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis

## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Locomotor Skills

### Skipping

	Term-I	Term-II
• Force applied upwards for the hop action to allow the opposite leg to swing forward freely	x	x
• Arms extended to help maintain balance while shifting weight from one foot to another	x	x
• Children land on their toes	x	x
• Step-hop pattern is smooth and coordinated	x	x

### Jumping and landing

	Term-I	Term-II
• Arms swing back behind the body and crouch position is deeper in preparation	✓	x
• Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully	✓	x
• Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.	✓	x
• Landing is controlled, balanced and safe	✓	x

## Manipulative Skills

### Over arm throw

	Term-I	Term-II
• Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction	✓	x
• Definite turning of the body through legs, hips and shoulders	✓	x
• Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm	✓	x
• Swing through - long arm at release	✓	x
• Follow through with the throwing arm - in the direction of the target	✓	✓

### Striking drop & hit forward

	Term-I	Term-II
• TT bat held in preferred hand, shake hand grip	✓	x
• Ball held in fingers of opposite hand with fingers pointing to the ground	✓	x
• The arm is outstretched perpendicular to the direction of hitting	✓	x
• Stance is side-on the hitting direction with body weight on the back foot	✓	x
• During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction	✓	✓
• Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.	✓	✓



# Skill Assessment Report

**Name** KHANAK NAGLE  
**Class** II-A  
**Age** 7 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321118000286  
**Gender** Female

	Period	Weight	Height	BMI
Current	10/1/2019	22 kg	128 cm	(13.43)
Previous	4/1/2019	21 kg	122 cm	(14.11)

## Coordination

### Plate Tapping (25 cycles)

Term-I	Term-II
x	23 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	9 falls

## My BMI

	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
Body Mass Index					22kg	128cm	(13.43)	<=13.40	<15.40	<17.60	>19.60
Current											
Previous					21kg	122cm	(14.11)				

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis

## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Manipulative Skills

### Over arm throw

- Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction
- Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm
- Swing through - long arm at release
- Definite turning of the body through legs, hips and shoulders
- Follow through with the throwing arm - in the direction of the target

Term-I	Term-II
✓	✓
✓	x
✓	✓
✓	✓
✓	✓

### Striking drop & hit forward

- During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction
- Stance is side-on the hitting direction with body weight on the back foot
- Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.
- The arm is outstretched perpendicular to the direction of hitting
- TT bat held in preferred hand, shake hand grip
- Ball held in fingers of opposite hand with fingers pointing to the ground

Term-I	Term-II
✓	✓
✓	x
✓	✓
✓	✓
✓	✓
✓	✓

## Locomotor Skills

### Skipping

- Children land on their toes
- Arms extended to help maintain balance while shifting weight from one foot to another
- Step-hop pattern is smooth and coordinated
- Force applied upwards for the hop action to allow the opposite leg to swing forward freely

Term-I	Term-II
✓	✓
✓	x
✓	✓
✓	✓

### Jumping and landing

- Landing is controlled, balanced and safe
- Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully
- Arms swing back behind the body and crouch position is deeper in preparation
- Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.

Term-I	Term-II
x	✓
x	x
x	✓
x	✓

# Skill Assessment Report

**Name** BHUMI PAHADE  
**Class** II-A  
**Age** 8 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321118000287  
**Gender** Female

	Period	Weight	Height	BMI
Current	10/1/2019	21 kg	116 cm	(15.61)
Previous	4/1/2019	15 kg	110 cm	(12.40)

## Coordination

### Plate Tapping (25 cycles)

Term-I	Term-II
x	16 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	0 falls

## My BMI

Body Mass Index	Current	Previous	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
	21kg	15kg					21kg	116cm	(15.61)	<=13.60	<15.80	<18.20	>20.60

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis

## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Locomotor Skills

### Jumping and landing

- Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully
- Arms swing back behind the body and crouch position is deeper in preparation
- Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.
- Landing is controlled, balanced and safe

Term-I	Term-II
✓	x
✓	✓
✓	✓
✓	x

### Skipping

- Children land on their toes
- Arms extended to help maintain balance while shifting weight from one foot to another
- Step-hop pattern is smooth and coordinated
- Force applied upwards for the hop action to allow the opposite leg to swing forward freely

Term-I	Term-II
x	x
x	✓
x	✓
x	x

## Manipulative Skills

### Over arm throw

- Swing through - long arm at release
- Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction
- Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm
- Definite turning of the body through legs, hips and shoulders
- Follow through with the throwing arm - in the direction of the target

Term-I	Term-II
✓	x
✓	✓
✓	✓
✓	x
✓	✓

### Striking drop & hit forward

- Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.
- Ball held in fingers of opposite hand with fingers pointing to the ground
- The arm is outstretched perpendicular to the direction of hitting
- During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction
- Stance is side-on the hitting direction with body weight on the back foot
- TT bat held in preferred hand, shake hand grip

Term-I	Term-II
x	x
x	✓
x	✓
x	x
x	✓
x	x

# Skill Assessment Report

**Name** PARIDHI BHADE  
**Class** II-A  
**Age** 7 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321118000289  
**Gender** Female

	Period	Weight	Height	BMI
Current	10/1/2019	22 kg	123 cm	(14.54)
Previous	4/1/2019	20 kg	112 cm	(15.94)

## Coordination

### Plate Tapping (25 cycles)

Term-I	Term-II
x	21 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	3 falls

## My BMI

Body Mass Index	Current	Previous	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
			<13.40	<15.40	<17.60	>19.60							
	22kg	20kg					22kg	123cm	(14.54)	<13.40	<15.40	<17.60	>19.60
							20kg	112cm	(15.94)				

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis

## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Locomotor Skills

### Skipping

- Force applied upwards for the hop action to allow the opposite leg to swing forward freely
- Step-hop pattern is smooth and coordinated
- Children land on their toes
- Arms extended to help maintain balance while shifting weight from one foot to another

Term-I	Term-II
x	x
x	✓
x	✓
x	✓

### Jumping and landing

- Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully
- Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.
- Arms swing back behind the body and crouch position is deeper in preparation
- Landing is controlled, balanced and safe

Term-I	Term-II
✓	x
✓	✓
✓	✓
✓	✓

## Manipulative Skills

### Over arm throw

- Swing through - long arm at release
- Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction
- Follow through with the throwing arm - in the direction of the target
- Definite turning of the body through legs, hips and shoulders
- Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm

Term-I	Term-II
✓	x
✓	✓
✓	✓
✓	✓
✓	✓

### Striking drop & hit forward

- TT bat held in preferred hand, shake hand grip
- Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.
- Ball held in fingers of opposite hand with fingers pointing to the ground
- The arm is outstretched perpendicular to the direction of hitting
- During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction
- Stance is side-on the hitting direction with body weight on the back foot

Term-I	Term-II
✓	x
✓	✓
✓	✓
✓	✓
✓	✓
✓	x

# Skill Assessment Report

**Name** PURVI MOURYA  
**Class** II-A  
**Age** 7 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321118000293  
**Gender** Female

	Period	Weight	Height	BMI
Current	10/1/2019	19 kg	116 cm	(14.12)
Previous	4/1/2019	16 kg	113 cm	(12.53)

## Coordination

### Plate Tapping (25 cycles)

Term-I	Term-II
x	24 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	2 falls

## My BMI

	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
Body Mass Index					19kg	116cm	(14.12)	<=13.40	<15.40	<17.60	>19.60
Current					16kg	113cm	(12.53)				
Previous											

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis

## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Locomotor Skills

### Jumping and landing

- Arms swing back behind the body and crouch position is deeper in preparation
- Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully
- Landing is controlled, balanced and safe
- Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.

Term-I	Term-II
✓	✓
✓	x
✓	✓
✓	x

### Skipping

- Force applied upwards for the hop action to allow the opposite leg to swing forward freely
- Step-hop pattern is smooth and coordinated
- Children land on their toes
- Arms extended to help maintain balance while shifting weight from one foot to another

Term-I	Term-II
x	✓
x	x
x	✓
x	x

## Manipulative Skills

### Striking drop & hit forward

- TT bat held in preferred hand, shake hand grip
- Ball held in fingers of opposite hand with fingers pointing to the ground
- Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.
- The arm is outstretched perpendicular to the direction of hitting
- During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction
- Stance is side-on the hitting direction with body weight on the back foot

Term-I	Term-II
✓	✓
✓	x
✓	✓
✓	x
✓	x
✓	✓

### Over arm throw

- Swing through - long arm at release
- Definite turning of the body through legs, hips and shoulders
- Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction
- Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm
- Follow through with the throwing arm - in the direction of the target

Term-I	Term-II
✓	✓
✓	x
x	✓
x	x
✓	x

# Skill Assessment Report

**Name** ARAYNA ANJUM  
**Class** II-A  
**Age** 7 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321118000294  
**Gender** Female

	Period	Weight	Height	BMI
Current	10/1/2019	20 kg	113 cm	(15.66)
Previous	4/1/2019	12 kg	108 cm	(10.29)

## Coordination

### Plate Tapping (25 cycles)

Term-I	Term-II
x	32 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	6 falls

## My BMI

	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
Body Mass Index					20kg	113cm	(15.66)	<=13.40	<15.40	<17.60	>19.60
Current											
Previous											

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis

## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Locomotor Skills

### Skipping

- Force applied upwards for the hop action to allow the opposite leg to swing forward freely
- Children land on their toes
- Arms extended to help maintain balance while shifting weight from one foot to another
- Step-hop pattern is smooth and coordinated

Term-I	Term-II
x	x
x	✓
x	x
x	✓

### Jumping and landing

- Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully
- Arms swing back behind the body and crouch position is deeper in preparation
- Landing is controlled, balanced and safe
- Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.

Term-I	Term-II
✓	x
✓	✓
✓	x
✓	✓

## Manipulative Skills

### Over arm throw

- Swing through - long arm at release
- Definite turning of the body through legs, hips and shoulders
- Follow through with the throwing arm - in the direction of the target
- Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction
- Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm

Term-I	Term-II
✓	x
✓	✓
✓	x
✓	✓
✓	✓

### Striking drop & hit forward

- TT bat held in preferred hand, shake hand grip
- Ball held in fingers of opposite hand with fingers pointing to the ground
- Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.
- The arm is outstretched perpendicular to the direction of hitting
- Stance is side-on the hitting direction with body weight on the back foot
- During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction

Term-I	Term-II
x	x
x	✓
x	x
x	✓
x	✓
x	x

# Skill Assessment Report

**Name** SANVI DHURWEY  
**Class** II-A  
**Age** 7 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321118000275  
**Gender** Female

	Period	Weight	Height	BMI
Current	10/1/2019	19 kg	124 cm	(12.36)
Previous	4/1/2019	21 kg	119 cm	(14.83)

## Coordination

### Plate Tapping (25 cycles)

Term-I	Term-II
x	24 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	3 falls

## My BMI

Body Mass Index	Current	Previous	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
							19kg	124cm	(12.36)	<=13.40	<15.40	<17.60	>19.60
							21kg	119cm	(14.83)				

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis

## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Locomotor Skills

### Jumping and landing

- Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully
- Arms swing back behind the body and crouch position is deeper in preparation
- Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.
- Landing is controlled, balanced and safe

Term-I	Term-II
✓	x
✓	✓
✓	✓
✓	x

### Skipping

- Step-hop pattern is smooth and coordinated
- Children land on their toes
- Force applied upwards for the hop action to allow the opposite leg to swing forward freely
- Arms extended to help maintain balance while shifting weight from one foot to another

Term-I	Term-II
x	x
x	✓
x	✓
x	x

## Manipulative Skills

### Over arm throw

- Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction
- Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm
- Definite turning of the body through legs, hips and shoulders
- Follow through with the throwing arm - in the direction of the target
- Swing through - long arm at release

Term-I	Term-II
x	x
x	✓
x	✓
x	x
x	x

### Striking drop & hit forward

- TT bat held in preferred hand, shake hand grip
- Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.
- During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction
- The arm is outstretched perpendicular to the direction of hitting
- Ball held in fingers of opposite hand with fingers pointing to the ground
- Stance is side-on the hitting direction with body weight on the back foot

Term-I	Term-II
x	x
x	✓
x	✓
x	x
x	x
x	x

## Skill Assessment Report

**Name** APURVA  
**Class** II-A  
**Age** 8 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321118000271  
**Gender** Female

	Period	Weight	Height	BMI
Current	10/1/2019	23 kg	121 cm	(15.71)
Previous	4/1/2019	18 kg	115 cm	(13.61)

### Coordination

#### Plate Tapping (25 cycles)

Term-I	Term-II
x	24 secs

### Balance

#### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	5 falls

### My BMI

Body Mass Index	Current	Previous	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
							23kg	121cm	(15.71)	<=13.60	<15.80	<18.20	>20.60
							18kg	115cm	(13.61)				

### Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis

### Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

### Locomotor Skills

#### Skipping

- Children land on their toes
- Arms extended to help maintain balance while shifting weight from one foot to another
- Force applied upwards for the hop action to allow the opposite leg to swing forward freely
- Step-hop pattern is smooth and coordinated

Term-I	Term-II
✓	x
✓	✓
✓	✓
✓	x

#### Jumping and landing

- Arms swing back behind the body and crouch position is deeper in preparation
- Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully
- Landing is controlled, balanced and safe
- Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.

Term-I	Term-II
x	x
x	✓
x	✓
x	x

### Manipulative Skills

#### Over arm throw

- Swing through - long arm at release
- Definite turning of the body through legs, hips and shoulders
- Follow through with the throwing arm - in the direction of the target
- Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction
- Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm

Term-I	Term-II
✓	x
✓	✓
✓	✓
✓	x
✓	✓

#### Striking drop & hit forward

- The arm is outstretched perpendicular to the direction of hitting
- Ball held in fingers of opposite hand with fingers pointing to the ground
- Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.
- Stance is side-on the hitting direction with body weight on the back foot
- TT bat held in preferred hand, shake hand grip
- During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction

Term-I	Term-II
✓	x
✓	✓
✓	✓
✓	x
✓	✓
✓	✓

# Skill Assessment Report

**Name** GRANTH BELWANSHI  
**Class** II-A  
**Age** 7 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321118000257  
**Gender** Male

	Period	Weight	Height	BMI
Current	10/1/2019	21 kg	118 cm	(15.08)
Previous	4/1/2019	15 kg	117 cm	(10.96)

## Coordination

### Plate Tapping (25 cycles)

Term-I	Term-II
x	17 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	5 falls

## My BMI

	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
Body Mass Index					21kg	118cm	(15.08)	<=13.80	<15.40	<17.40	>19.20
Current											
Previous					15kg	117cm	(10.96)				

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis

## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Locomotor Skills

### Jumping and landing

- Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully
- Arms swing back behind the body and crouch position is deeper in preparation
- Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.
- Landing is controlled, balanced and safe

Term-I	Term-II
✓	✓
✓	✓
✓	x
✓	✓

### Skipping

- Children land on their toes
- Arms extended to help maintain balance while shifting weight from one foot to another
- Force applied upwards for the hop action to allow the opposite leg to swing forward freely
- Step-hop pattern is smooth and coordinated

Term-I	Term-II
✓	✓
✓	✓
✓	x
✓	✓

## Manipulative Skills

### Over arm throw

- Swing through - long arm at release
- Definite turning of the body through legs, hips and shoulders
- Follow through with the throwing arm - in the direction of the target
- Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction
- Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm

Term-I	Term-II
✓	✓
✓	✓
✓	x
✓	✓
✓	✓

### Striking drop & hit forward

- Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.
- Ball held in fingers of opposite hand with fingers pointing to the ground
- Stance is side-on the hitting direction with body weight on the back foot
- TT bat held in preferred hand, shake hand grip
- The arm is outstretched perpendicular to the direction of hitting
- During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction

Term-I	Term-II
x	✓
x	✓
x	x
x	✓
x	✓
x	✓



# Skill Assessment Report

**Name** ADITYA DHURVE  
**Class** II-A  
**Age** 7 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321118000288  
**Gender** Male

	Period	Weight	Height	BMI
Current	10/1/2019	28 kg	129 cm	(16.83)
Previous	4/1/2019	21 kg	123 cm	(13.88)

## Coordination

### Plate Tapping (25 cycles)

Term-I	Term-II
x	33 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	6 falls

## My BMI

Body Mass Index	Current	Previous	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
	28kg	21kg					28kg	129cm	(16.83)	<=13.80	<15.40	<17.40	>19.20
							21kg	123cm	(13.88)				

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis

## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Manipulative Skills

### Striking drop & hit forward

- Ball held in fingers of opposite hand with fingers pointing to the ground
- Stance is side-on the hitting direction with body weight on the back foot
- The arm is outstretched perpendicular to the direction of hitting
- During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction
- Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.
- TT bat held in preferred hand, shake hand grip

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓
✓	✓
✓	✓

### Over arm throw

- Swing through - long arm at release
- Definite turning of the body through legs, hips and shoulders
- Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction
- Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm
- Follow through with the throwing arm - in the direction of the target

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓
✓	✓

## Locomotor Skills

### Skipping

- Children land on their toes
- Arms extended to help maintain balance while shifting weight from one foot to another
- Force applied upwards for the hop action to allow the opposite leg to swing forward freely
- Step-hop pattern is smooth and coordinated

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓

### Jumping and landing

- Arms swing back behind the body and crouch position is deeper in preparation
- Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully
- Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.
- Landing is controlled, balanced and safe

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓

# Skill Assessment Report

**Name** DHEEMANT  
**Class** II-A  
**Age** 7 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321118000259  
**Gender** Male

	Period	Weight	Height	BMI
Current	10/1/2019	19 kg	117 cm	(13.88)
Previous	4/1/2019	17 kg	110 cm	(14.05)

## Coordination

### Plate Tapping (25 cycles)

Term-I	Term-II
x	24 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	8 falls

## My BMI

Body Mass Index	Current	Previous	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
							19kg	117cm	(13.88)	<=13.80	<15.40	<17.40	>19.20
							17kg	110cm	(14.05)				

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis
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## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Manipulative Skills

### Over arm throw

- Swing through - long arm at release
- Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction
- Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm
- Definite turning of the body through legs, hips and shoulders
- Follow through with the throwing arm - in the direction of the target

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓
✓	✓

### Striking drop & hit forward

- Ball held in fingers of opposite hand with fingers pointing to the ground
- The arm is outstretched perpendicular to the direction of hitting
- Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.
- During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction
- Stance is side-on the hitting direction with body weight on the back foot
- TT bat held in preferred hand, shake hand grip

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓
✓	✓
✓	✓

## Locomotor Skills

### Jumping and landing

- Arms swing back behind the body and crouch position is deeper in preparation
- Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully
- Landing is controlled, balanced and safe
- Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓

### Skipping

- Arms extended to help maintain balance while shifting weight from one foot to another
- Step-hop pattern is smooth and coordinated
- Children land on their toes
- Force applied upwards for the hop action to allow the opposite leg to swing forward freely

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓

You can check your comprehensive FitKVian Dashboard by logging into the following link with your UserID and Password : <http://FitKVian.in>

# Skill Assessment Report

**Name** ROCHAK DHURVE  
**Class** II-A  
**Age** 7 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321118000261  
**Gender** Male

	Period	Weight	Height	BMI
Current	10/1/2019	18 kg	116 cm	(13.38)
Previous	4/1/2019	16 kg	113 cm	(12.53)

## Coordination

### Plate Tapping (25 cycles)

Term-I	Term-II
x	22 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	4 falls

## My BMI

	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
Body Mass Index					18kg	116cm	(13.38)	<=13.80	<15.40	<17.40	>19.20
Current					16kg	113cm	(12.53)				
Previous											

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis

## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Locomotor Skills

### Jumping and landing

- Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully
- Arms swing back behind the body and crouch position is deeper in preparation
- Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.
- Landing is controlled, balanced and safe

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓

### Skipping

- Arms extended to help maintain balance while shifting weight from one foot to another
- Step-hop pattern is smooth and coordinated
- Children land on their toes
- Force applied upwards for the hop action to allow the opposite leg to swing forward freely

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓

## Manipulative Skills

### Striking drop & hit forward

- The arm is outstretched perpendicular to the direction of hitting
- Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.
- Ball held in fingers of opposite hand with fingers pointing to the ground
- Stance is side-on the hitting direction with body weight on the back foot
- During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction
- TT bat held in preferred hand, shake hand grip

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓
✓	✓
✓	✓

### Over arm throw

- Swing through - long arm at release
- Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction
- Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm
- Follow through with the throwing arm - in the direction of the target
- Definite turning of the body through legs, hips and shoulders

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓
✓	✓

# Skill Assessment Report

**Name** SHUBH SAHU  
**Class** II-A  
**Age** 8 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321118000263  
**Gender** Male

	Period	Weight	Height	BMI
Current	10/1/2019	20 kg	121 cm	(13.66)
Previous	4/1/2019	18 kg	116 cm	(13.38)

## Coordination

### Plate Tapping (25 cycles)

Term-I	Term-II
x	29 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	3 falls

## My BMI

	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
Body Mass Index					20kg	121cm	(13.66)	<=13.80	<15.80	<18.00	>20.00
Current					18kg	116cm	(13.38)				
Previous											

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis

## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Locomotor Skills

### Jumping and landing

- Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully
- Arms swing back behind the body and crouch position is deeper in preparation
- Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.
- Landing is controlled, balanced and safe

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓

### Skipping

- Step-hop pattern is smooth and coordinated
- Children land on their toes
- Arms extended to help maintain balance while shifting weight from one foot to another
- Force applied upwards for the hop action to allow the opposite leg to swing forward freely

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓

## Manipulative Skills

### Over arm throw

- Swing through - long arm at release
- Follow through with the throwing arm - in the direction of the target
- Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction
- Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm
- Definite turning of the body through legs, hips and shoulders

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓
✓	x

### Striking drop & hit forward

- TT bat held in preferred hand, shake hand grip
- Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.
- Ball held in fingers of opposite hand with fingers pointing to the ground
- The arm is outstretched perpendicular to the direction of hitting
- Stance is side-on the hitting direction with body weight on the back foot
- During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction

Term-I	Term-II
x	✓
x	✓
x	✓
x	✓
x	x
x	x

# Skill Assessment Report

**Name** TUNEER DEHARIYA  
**Class** II-A  
**Age** 8 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321118000266  
**Gender** Male

	Period	Weight	Height	BMI
Current	10/1/2019	19 kg	124 cm	(12.36)
Previous	4/1/2019	15 kg	121 cm	(10.25)

## Coordination

### Plate Tapping (25 cycles)

Term-I	Term-II
x	28 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	4 falls

## My BMI

	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
Body Mass Index					19kg	124cm	(12.36)	<=13.80	<15.80	<18.00	>20.00
Current											
Previous					15kg	121cm	(10.25)				

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis

## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Locomotor Skills

### Skipping

- Force applied upwards for the hop action to allow the opposite leg to swing forward freely
- Children land on their toes
- Step-hop pattern is smooth and coordinated
- Arms extended to help maintain balance while shifting weight from one foot to another

Term-I	Term-II
✓	x
✓	✓
✓	x
✓	✓

### Jumping and landing

- Arms swing back behind the body and crouch position is deeper in preparation
- Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.
- Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully
- Landing is controlled, balanced and safe

Term-I	Term-II
x	x
x	✓
x	x
x	✓

## Manipulative Skills

### Over arm throw

- Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction
- Definite turning of the body through legs, hips and shoulders
- Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm
- Follow through with the throwing arm - in the direction of the target
- Swing through - long arm at release

Term-I	Term-II
x	x
x	✓
x	x
x	✓
x	✓

### Striking drop & hit forward

- During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction
- Stance is side-on the hitting direction with body weight on the back foot
- Ball held in fingers of opposite hand with fingers pointing to the ground
- The arm is outstretched perpendicular to the direction of hitting
- Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.
- TT bat held in preferred hand, shake hand grip

Term-I	Term-II
✓	x
✓	✓
✓	x
✓	✓
✓	✓
✓	✓

# Skill Assessment Report

**Name** KRISHNA  
**Class** II-A  
**Age** 7 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321118000268  
**Gender** Male

	Period	Weight	Height	BMI
Current	10/1/2019	22 kg	120 cm	(15.28)
Previous	4/1/2019	20 kg	113 cm	(15.66)

## Coordination

### Plate Tapping (25 cycles)

Term-I	Term-II
x	26 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	4 falls

## My BMI

Body Mass Index	Current	Previous	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
			<13.80	<15.40	<17.40	>19.20							
	22kg	20kg					22kg	120cm	(15.28)	<13.80	<15.40	<17.40	>19.20
							20kg	113cm	(15.66)				

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis

## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Locomotor Skills

### Skipping

- Arms extended to help maintain balance while shifting weight from one foot to another
- Step-hop pattern is smooth and coordinated
- Children land on their toes
- Force applied upwards for the hop action to allow the opposite leg to swing forward freely

Term-I	Term-II
x	x
x	✓
x	x
x	✓

### Jumping and landing

- Arms swing back behind the body and crouch position is deeper in preparation
- Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully
- Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.
- Landing is controlled, balanced and safe

Term-I	Term-II
✓	x
✓	✓
✓	x
✓	✓

## Manipulative Skills

### Over arm throw

- Swing through - long arm at release
- Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction
- Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm
- Definite turning of the body through legs, hips and shoulders
- Follow through with the throwing arm - in the direction of the target

Term-I	Term-II
✓	x
✓	✓
✓	x
✓	✓
✓	✓

### Striking drop & hit forward

- Stance is side-on the hitting direction with body weight on the back foot
- The arm is outstretched perpendicular to the direction of hitting
- Ball held in fingers of opposite hand with fingers pointing to the ground
- Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.
- During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction
- TT bat held in preferred hand, shake hand grip

Term-I	Term-II
✓	x
✓	✓
✓	x
✓	✓
✓	✓
✓	✓

# Skill Assessment Report

**Name** PRAJJWAL VISHWAKARMA  
**Class** II-A  
**Age** 7 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321118000269  
**Gender** Male

	Period	Weight	Height	BMI
Current	10/1/2019	19 kg	119 cm	(13.42)
Previous	4/1/2019	16 kg	110 cm	(13.22)

## Coordination

### Plate Tapping (25 cycles)

Term-I	Term-II
x	30 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	5 falls

## My BMI

	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
Body Mass Index					19kg	119cm	(13.42)	<=13.80	<15.40	<17.40	>19.20
Current					16kg	110cm	(13.22)				
Previous											

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis

## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Manipulative Skills

### Over arm throw

- Swing through - long arm at release
- Definite turning of the body through legs, hips and shoulders
- Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction
- Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm
- Follow through with the throwing arm - in the direction of the target

Term-I	Term-II
x	x
x	✓
x	✓
x	✓
x	x

### Striking drop & hit forward

- Ball held in fingers of opposite hand with fingers pointing to the ground
- The arm is outstretched perpendicular to the direction of hitting
- During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction
- Stance is side-on the hitting direction with body weight on the back foot
- TT bat held in preferred hand, shake hand grip
- Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.

Term-I	Term-II
x	x
x	✓
x	✓
x	✓
x	x
x	✓

## Locomotor Skills

### Skipping

- Force applied upwards for the hop action to allow the opposite leg to swing forward freely
- Arms extended to help maintain balance while shifting weight from one foot to another
- Children land on their toes
- Step-hop pattern is smooth and coordinated

Term-I	Term-II
✓	x
✓	✓
✓	✓
✓	✓

### Jumping and landing

- Landing is controlled, balanced and safe
- Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.
- Arms swing back behind the body and crouch position is deeper in preparation
- Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully

Term-I	Term-II
✓	x
✓	✓
✓	✓
✓	✓

# Skill Assessment Report

**Name** ISHANSH VISHWAKARMA  
**Class** II-A  
**Age** 7 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321118000274  
**Gender** Male

	Period	Weight	Height	BMI
Current	10/1/2019	22 kg	117 cm	(16.07)
Previous	4/1/2019	24 kg	121 cm	(16.39)

## Coordination

### Plate Tapping (25 cycles)

Term-I	Term-II
x	19 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	11 falls

## My BMI

Body Mass Index	Current	Previous	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
							22kg	117cm	(16.07)	<=13.80	<15.40	<17.40	>19.20
							24kg	121cm	(16.39)				

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis

## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Locomotor Skills

### Jumping and landing

- Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully
- Arms swing back behind the body and crouch position is deeper in preparation
- Landing is controlled, balanced and safe
- Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.

Term-I	Term-II
✓	✓
✓	x
✓	x
✓	✓

### Skipping

- Children land on their toes
- Force applied upwards for the hop action to allow the opposite leg to swing forward freely
- Arms extended to help maintain balance while shifting weight from one foot to another
- Step-hop pattern is smooth and coordinated

Term-I	Term-II
x	✓
x	x
x	x
x	✓

## Manipulative Skills

### Over arm throw

- Swing through - long arm at release
- Definite turning of the body through legs, hips and shoulders
- Follow through with the throwing arm - in the direction of the target
- Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction
- Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm

Term-I	Term-II
✓	✓
✓	x
✓	x
✓	✓
✓	✓

### Striking drop & hit forward

- TT bat held in preferred hand, shake hand grip
- Ball held in fingers of opposite hand with fingers pointing to the ground
- Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.
- The arm is outstretched perpendicular to the direction of hitting
- Stance is side-on the hitting direction with body weight on the back foot
- During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction

Term-I	Term-II
✓	✓
✓	x
✓	x
✓	✓
✓	✓
✓	✓



# Skill Assessment Report

**Name** TANAY CHOUHAN  
**Class** II-A  
**Age** 8 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321118000278  
**Gender** Male

	Period	Weight	Height	BMI
Current	10/1/2019	21 kg	128 cm	(12.82)
Previous	4/1/2019	20 kg	124 cm	(13.01)

## Coordination

### Plate Tapping (25 cycles)

Term-I	Term-II
x	38 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	5 falls

## My BMI

Body Mass Index	Current	Previous	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
							21kg	128cm	(12.82)	<=13.80	<15.80	<18.00	>20.00
							20kg	124cm	(13.01)				

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis

## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Locomotor Skills

### Skipping

- Arms extended to help maintain balance while shifting weight from one foot to another
- Children land on their toes
- Force applied upwards for the hop action to allow the opposite leg to swing forward freely
- Step-hop pattern is smooth and coordinated

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	x

### Jumping and landing

- Arms swing back behind the body and crouch position is deeper in preparation
- Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.
- Landing is controlled, balanced and safe
- Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	x

## Manipulative Skills

### Over arm throw

- Swing through - long arm at release
- Definite turning of the body through legs, hips and shoulders
- Follow through with the throwing arm - in the direction of the target
- Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction
- Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm

Term-I	Term-II
x	✓
x	✓
x	✓
x	x
x	✓

### Striking drop & hit forward

- TT bat held in preferred hand, shake hand grip
- The arm is outstretched perpendicular to the direction of hitting
- Ball held in fingers of opposite hand with fingers pointing to the ground
- Stance is side-on the hitting direction with body weight on the back foot
- Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.
- During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	x
✓	✓
✓	✓

# Skill Assessment Report

**Name** PRIYANSHU SAHU  
**Class** II-A  
**Age** 8 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321118000282  
**Gender** Male

	Period	Weight	Height	BMI
Current	10/1/2019	20 kg	128 cm	(12.21)
Previous	4/1/2019	21 kg	120 cm	(14.58)

## Coordination

### Plate Tapping (25 cycles)

Term-I	Term-II
x	24 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	3 falls

## My BMI

Body Mass Index	Current	Previous	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
							20kg	128cm	(12.21)	<=13.80	<15.80	<18.00	>20.00
							21kg	120cm	(14.58)				

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis

## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Manipulative Skills

### Striking drop & hit forward

	Term-I	Term-II
• Ball held in fingers of opposite hand with fingers pointing to the ground	✓	x
• Stance is side-on the hitting direction with body weight on the back foot	✓	✓
• Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.	✓	x
• TT bat held in preferred hand, shake hand grip	✓	✓
• The arm is outstretched perpendicular to the direction of hitting	✓	x
• During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction	✓	x

### Over arm throw

	Term-I	Term-II
• Definite turning of the body through legs, hips and shoulders	✓	x
• Swing through - long arm at release	✓	✓
• Follow through with the throwing arm - in the direction of the target	✓	x
• Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction	✓	✓
• Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm	✓	x

## Locomotor Skills

### Skipping

	Term-I	Term-II
• Children land on their toes	x	x
• Arms extended to help maintain balance while shifting weight from one foot to another	x	✓
• Force applied upwards for the hop action to allow the opposite leg to swing forward freely	x	x
• Step-hop pattern is smooth and coordinated	x	✓

### Jumping and landing

	Term-I	Term-II
• Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.	x	x
• Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully	x	✓
• Arms swing back behind the body and crouch position is deeper in preparation	x	x
• Landing is controlled, balanced and safe	x	✓

# Skill Assessment Report

**Name** ADITYA DHURVEY  
**Class** II-A  
**Age** 7 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321118000258  
**Gender** Male

	Period	Weight	Height	BMI
Current	10/1/2019	23 kg	134 cm	(12.81)
Previous	4/1/2019	21 kg	123 cm	(13.88)

## Coordination

### Plate Tapping (25 cycles)



Term-I	Term-II
x	30 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	1 falls

## My BMI

	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
Body Mass Index					23kg	134cm	(12.81)	<=13.80	<15.40	<17.40	>19.20
Current					21kg	123cm	(13.88)				
Previous											

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis

## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Locomotor Skills

### Jumping and landing

- Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully
- Arms swing back behind the body and crouch position is deeper in preparation
- Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.
- Landing is controlled, balanced and safe

Term-I	Term-II
✓	x
✓	x
✓	x
✓	x

### Skipping

- Force applied upwards for the hop action to allow the opposite leg to swing forward freely
- Arms extended to help maintain balance while shifting weight from one foot to another
- Children land on their toes
- Step-hop pattern is smooth and coordinated

Term-I	Term-II
x	x
x	x
x	x
x	x

## Manipulative Skills

### Striking drop & hit forward

- Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.
- Stance is side-on the hitting direction with body weight on the back foot
- The arm is outstretched perpendicular to the direction of hitting
- During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction
- Ball held in fingers of opposite hand with fingers pointing to the ground
- TT bat held in preferred hand, shake hand grip

Term-I	Term-II
✓	x
✓	x
✓	x
✓	x
✓	✓
✓	x

### Over arm throw

- Swing through - long arm at release
- Definite turning of the body through legs, hips and shoulders
- Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction
- Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm
- Follow through with the throwing arm - in the direction of the target

Term-I	Term-II
x	x
x	x
x	x
x	x
x	✓

# Skill Assessment Report

**Name** CHANCLESH SATANKAR  
**Class** II-A  
**Age** 8 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321118000290  
**Gender** Male

	Period	Weight	Height	BMI
Current	10/1/2019	21 kg	121 cm	(14.34)
Previous	4/1/2019	19 kg	119 cm	(13.42)

## Coordination

### Plate Tapping (25 cycles)

Term-I	Term-II
x	17 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	8 falls

## My BMI

	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
Body Mass Index					21kg	121cm	(14.34)	<=13.80	<15.80	<18.00	>20.00
Current											
Previous					19kg	119cm	(13.42)				

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis

## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Locomotor Skills

### Skipping

- Children land on their toes
- Step-hop pattern is smooth and coordinated
- Force applied upwards for the hop action to allow the opposite leg to swing forward freely
- Arms extended to help maintain balance while shifting weight from one foot to another

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓

### Jumping and landing

- Landing is controlled, balanced and safe
- Arms swing back behind the body and crouch position is deeper in preparation
- Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.
- Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓

## Manipulative Skills

### Over arm throw

- Swing through - long arm at release
- Definite turning of the body through legs, hips and shoulders
- Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction
- Follow through with the throwing arm - in the direction of the target
- Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓
✓	✓

### Striking drop & hit forward

- Ball held in fingers of opposite hand with fingers pointing to the ground
- TT bat held in preferred hand, shake hand grip
- During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction
- Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.
- Stance is side-on the hitting direction with body weight on the back foot
- The arm is outstretched perpendicular to the direction of hitting

Term-I	Term-II
x	✓
x	✓
x	✓
x	✓
x	✓
x	✓

# Skill Assessment Report

**Name** ARYAN ATULKAR  
**Class** II-A  
**Age** 7 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321118000291  
**Gender** Male

	Period	Weight	Height	BMI
Current	10/1/2019	23 kg	120 cm	(15.97)
Previous	4/1/2019	17 kg	115 cm	(12.85)

## Coordination

### Plate Tapping (25 cycles)

Term-I	Term-II
x	27 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	6 falls

## My BMI

	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
Body Mass Index					23kg	120cm	(15.97)	<=13.80	<15.40	<17.40	>19.20
Current											
Previous											

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis

## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Manipulative Skills

### Over arm throw

- Swing through - long arm at release
- Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction
- Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm
- Definite turning of the body through legs, hips and shoulders
- Follow through with the throwing arm - in the direction of the target

Term-I	Term-II
✓	x
✓	✓
✓	x
✓	✓
✓	✓

### Striking drop & hit forward

- Ball held in fingers of opposite hand with fingers pointing to the ground
- The arm is outstretched perpendicular to the direction of hitting
- Stance is side-on the hitting direction with body weight on the back foot
- During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction
- TT bat held in preferred hand, shake hand grip
- Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.

Term-I	Term-II
✓	x
✓	✓
✓	x
✓	✓
✓	✓
✓	✓

## Locomotor Skills

### Skipping

- Arms extended to help maintain balance while shifting weight from one foot to another
- Children land on their toes
- Force applied upwards for the hop action to allow the opposite leg to swing forward freely
- Step-hop pattern is smooth and coordinated

Term-I	Term-II
x	x
x	✓
x	x
x	✓

### Jumping and landing

- Landing is controlled, balanced and safe
- Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully
- Arms swing back behind the body and crouch position is deeper in preparation
- Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.

Term-I	Term-II
✓	x
✓	✓
✓	x
✓	✓

# Skill Assessment Report

**Name** MO. YUSUF  
**Class** II-A  
**Age** 7 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321118000295  
**Gender** Male

	Period	Weight	Height	BMI
Current	10/1/2019	20 kg	117 cm	(14.61)
Previous	4/1/2019	20 kg	118 cm	(14.36)

## Coordination

### Plate Tapping (25 cycles)

Term-I	Term-II
x	20 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	7 falls

## My BMI

Body Mass Index	Current	Previous	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
	20kg	20kg					20kg	117cm	(14.61)	<=13.80	<15.40	<17.40	>19.20
							20kg	118cm	(14.36)				

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis

## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Manipulative Skills

### Over arm throw

- Swing through - long arm at release
- Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction
- Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm
- Definite turning of the body through legs, hips and shoulders
- Follow through with the throwing arm - in the direction of the target

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓
✓	✓

### Striking drop & hit forward

- TT bat held in preferred hand, shake hand grip
- Ball held in fingers of opposite hand with fingers pointing to the ground
- During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction
- The arm is outstretched perpendicular to the direction of hitting
- Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.
- Stance is side-on the hitting direction with body weight on the back foot

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓
✓	✓
✓	✓

## Locomotor Skills

### Jumping and landing

- Arms swing back behind the body and crouch position is deeper in preparation
- Landing is controlled, balanced and safe
- Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully
- Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓

### Skipping

- Step-hop pattern is smooth and coordinated
- Children land on their toes
- Force applied upwards for the hop action to allow the opposite leg to swing forward freely
- Arms extended to help maintain balance while shifting weight from one foot to another

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓

You can check your comprehensive FitKVian Dashboard by logging into the following link with your UserID and Password : <http://FitKVian.in>

# Skill Assessment Report

**Name** SARVAGYA SHARMA  
**Class** II-A  
**Age** 7 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321118000304  
**Gender** Male

	Period	Weight	Height	BMI
Current	10/1/2019	23 kg	125 cm	(14.72)
Previous	4/1/2019	22 kg	120 cm	(15.28)

## Coordination

### Plate Tapping (25 cycles)

Term-I	Term-II
x	26 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	2 falls

## My BMI

	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
Body Mass Index					23kg	125cm	(14.72)	<=13.80	<15.40	<17.40	>19.20
Current	[Bar chart showing BMI 14.72 in 'N' range]										
Previous	[Bar chart showing BMI 15.28 in 'N' range]										

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis

## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Manipulative Skills

### Over arm throw

- Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction
- Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm
- Follow through with the throwing arm - in the direction of the target
- Definite turning of the body through legs, hips and shoulders
- Swing through - long arm at release

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓
✓	✓

### Striking drop & hit forward

- TT bat held in preferred hand, shake hand grip
- During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction
- Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.
- Stance is side-on the hitting direction with body weight on the back foot
- The arm is outstretched perpendicular to the direction of hitting
- Ball held in fingers of opposite hand with fingers pointing to the ground

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓
✓	✓
✓	✓

## Locomotor Skills

### Skipping

- Children land on their toes
- Force applied upwards for the hop action to allow the opposite leg to swing forward freely
- Step-hop pattern is smooth and coordinated
- Arms extended to help maintain balance while shifting weight from one foot to another

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓

### Jumping and landing

- Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.
- Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully
- Arms swing back behind the body and crouch position is deeper in preparation
- Landing is controlled, balanced and safe

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓

# Skill Assessment Report

**Name** S.N. RIYANSH BARSKAR  
**Class** II-A  
**Age** 7 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321118000305  
**Gender** Male

	Period	Weight	Height	BMI
Current	10/1/2019	26 kg	134 cm	(14.48)
Previous	4/1/2019	22 kg	129 cm	(13.22)

## Coordination

### Plate Tapping (25 cycles)

Term-I	Term-II
x	20 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	4 falls

## My BMI

Body Mass Index	Current	Previous	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
	26kg	22kg					26kg	134cm	(14.48)	<=13.80	<15.40	<17.40	>19.20
							22kg	129cm	(13.22)				

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis

## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Locomotor Skills

### Jumping and landing

- Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully
- Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.
- Landing is controlled, balanced and safe
- Arms swing back behind the body and crouch position is deeper in preparation

Term-I	Term-II
✓	✓
✓	x
✓	✓
✓	✓

### Skipping

- Force applied upwards for the hop action to allow the opposite leg to swing forward freely
- Children land on their toes
- Step-hop pattern is smooth and coordinated
- Arms extended to help maintain balance while shifting weight from one foot to another

Term-I	Term-II
✓	✓
✓	x
✓	✓
✓	✓

## Manipulative Skills

### Over arm throw

- Swing through - long arm at release
- Definite turning of the body through legs, hips and shoulders
- Follow through with the throwing arm - in the direction of the target
- Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction
- Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm

Term-I	Term-II
✓	✓
✓	x
x	✓
x	✓
✓	✓

### Striking drop & hit forward

- Ball held in fingers of opposite hand with fingers pointing to the ground
- Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.
- The arm is outstretched perpendicular to the direction of hitting
- TT bat held in preferred hand, shake hand grip
- During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction
- Stance is side-on the hitting direction with body weight on the back foot

Term-I	Term-II
✓	✓
x	x
✓	✓
x	✓
x	✓
✓	x



# Skill Assessment Report

**Name** NAVEEN  
**Class** II-A  
**Age** 7 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321118000308  
**Gender** Male

	Period	Weight	Height	BMI
Current	10/1/2019	21 kg	124 cm	(13.66)
Previous	4/1/2019	20 kg	117 cm	(14.61)

## Coordination

### Plate Tapping (25 cycles)

Term-I	Term-II
x	21 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	3 falls

## My BMI

Body Mass Index	Current	Previous	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
	21kg	20kg					21kg	124cm	(13.66)	<=13.80	<15.40	<17.40	>19.20

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis

## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Locomotor Skills

### Skipping

- Force applied upwards for the hop action to allow the opposite leg to swing forward freely
- Children land on their toes
- Step-hop pattern is smooth and coordinated
- Arms extended to help maintain balance while shifting weight from one foot to another

Term-I	Term-II
✓	✓
✓	✓
✓	x
✓	✓

### Jumping and landing

- Landing is controlled, balanced and safe
- Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.
- Arms swing back behind the body and crouch position is deeper in preparation
- Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully

Term-I	Term-II
✓	✓
✓	✓
✓	x
✓	✓

## Manipulative Skills

### Over arm throw

- Swing through - long arm at release
- Definite turning of the body through legs, hips and shoulders
- Follow through with the throwing arm - in the direction of the target
- Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction
- Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm

Term-I	Term-II
x	✓
x	✓
x	x
x	✓
x	x

### Striking drop & hit forward

- Ball held in fingers of opposite hand with fingers pointing to the ground
- TT bat held in preferred hand, shake hand grip
- The arm is outstretched perpendicular to the direction of hitting
- Stance is side-on the hitting direction with body weight on the back foot
- Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.
- During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction

Term-I	Term-II
✓	✓
✓	✓
✓	x
✓	✓
✓	x
✓	✓

# Skill Assessment Report

**Name** PRIYANSH SINGH MOURYA  
**Class** II-A  
**Age** 7 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321118000309  
**Gender** Male

	Period	Weight	Height	BMI
Current	10/1/2019	20 kg	119 cm	(14.12)
Previous	4/1/2019	18 kg	112 cm	(14.35)

## Coordination

### Plate Tapping (25 cycles)

Term-I	Term-II
x	19 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	1 falls

## My BMI

Body Mass Index	Current	Previous	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
	20kg	18kg					20kg	119cm	(14.12)	<=13.80	<15.40	<17.40	>19.20
							18kg	112cm	(14.35)				

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis
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## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Locomotor Skills

### Skipping

- Children land on their toes
- Arms extended to help maintain balance while shifting weight from one foot to another
- Step-hop pattern is smooth and coordinated
- Force applied upwards for the hop action to allow the opposite leg to swing forward freely

Term-I	Term-II
x	✓
x	x
x	x
x	x

### Jumping and landing

- Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.
- Landing is controlled, balanced and safe
- Arms swing back behind the body and crouch position is deeper in preparation
- Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully

Term-I	Term-II
✓	✓
✓	x
✓	x
✓	x

## Manipulative Skills

### Over arm throw

- Swing through - long arm at release
- Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction
- Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm
- Follow through with the throwing arm - in the direction of the target
- Definite turning of the body through legs, hips and shoulders

Term-I	Term-II
✓	✓
✓	x
✓	x
✓	x
✓	✓

### Striking drop & hit forward

- TT bat held in preferred hand, shake hand grip
- Ball held in fingers of opposite hand with fingers pointing to the ground
- During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction
- The arm is outstretched perpendicular to the direction of hitting
- Stance is side-on the hitting direction with body weight on the back foot
- Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.

Term-I	Term-II
✓	✓
✓	x
✓	x
✓	x
✓	✓
✓	✓

# Skill Assessment Report

**Name** DHAIRYA PAWAR  
**Class** II-A  
**Age** 7 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321118000267  
**Gender** Male

	Period	Weight	Height	BMI
Current	10/1/2019	22 kg	124 cm	(14.31)
Previous	4/1/2019	18 kg	118 cm	(12.93)

## Coordination

### Plate Tapping (25 cycles)

Term-I	Term-II
x	22 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	8 falls

## My BMI

Body Mass Index	Current	Previous	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
	22kg	18kg					22kg	124cm	(14.31)	<=13.80	<15.40	<17.40	>19.20
							18kg	118cm	(12.93)				

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis

## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Locomotor Skills

### Skipping

- Arms extended to help maintain balance while shifting weight from one foot to another
- Step-hop pattern is smooth and coordinated
- Children land on their toes
- Force applied upwards for the hop action to allow the opposite leg to swing forward freely

Term-I	Term-II
x	x
x	x
x	✓
x	✓

### Jumping and landing

- Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.
- Arms swing back behind the body and crouch position is deeper in preparation
- Landing is controlled, balanced and safe
- Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully

Term-I	Term-II
✓	x
✓	x
✓	✓
✓	✓

## Manipulative Skills

### Over arm throw

- Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction
- Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm
- Definite turning of the body through legs, hips and shoulders
- Follow through with the throwing arm - in the direction of the target
- Swing through - long arm at release

Term-I	Term-II
✓	x
✓	x
✓	✓
✓	✓
✓	x

### Striking drop & hit forward

- The arm is outstretched perpendicular to the direction of hitting
- During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction
- Stance is side-on the hitting direction with body weight on the back foot
- TT bat held in preferred hand, shake hand grip
- Ball held in fingers of opposite hand with fingers pointing to the ground
- Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.

Term-I	Term-II
x	x
x	x
x	✓
x	✓
x	x
x	x

# Skill Assessment Report

**Name** MADHVI NAGWANSHI  
**Class** II-A  
**Age** 7 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321119000358  
**Gender** Female

	Period	Weight	Height	BMI
Current	10/1/2019	21 kg	120 cm	(14.58)
Previous	4/1/2019	17 kg	114 cm	(13.08)

## Coordination

### Plate Tapping (25 cycles)

Term-I	Term-II
x	25 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	1 falls

## My BMI

	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
Body Mass Index					21kg	120cm	(14.58)	<=13.40	<15.40	<17.60	>19.60
Current											
Previous					17kg	114cm	(13.08)				

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis

## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Locomotor Skills

### Jumping and landing

- Arms swing back behind the body and crouch position is deeper in preparation
- Landing is controlled, balanced and safe
- Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully
- Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓

### Skipping

- Step-hop pattern is smooth and coordinated
- Children land on their toes
- Arms extended to help maintain balance while shifting weight from one foot to another
- Force applied upwards for the hop action to allow the opposite leg to swing forward freely

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓

## Manipulative Skills

### Striking drop & hit forward

- TT bat held in preferred hand, shake hand grip
- The arm is outstretched perpendicular to the direction of hitting
- During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction
- Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.
- Stance is side-on the hitting direction with body weight on the back foot
- Ball held in fingers of opposite hand with fingers pointing to the ground

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓
✓	✓
✓	✓

### Over arm throw

- Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction
- Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm
- Definite turning of the body through legs, hips and shoulders
- Follow through with the throwing arm - in the direction of the target
- Swing through - long arm at release

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓
✓	✓

# Skill Assessment Report

**Name** DOLLY KUSHWAHA  
**Class** II-A  
**Age** 7 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321119000359  
**Gender** Female

	Period	Weight	Height	BMI
Current	10/1/2019	22 kg	125 cm	(14.08)
Previous	4/1/2019	20 kg	124 cm	(13.01)

## Coordination

### Plate Tapping (25 cycles)

Term-I	Term-II
x	18 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	4 falls

## My BMI

Body Mass Index	Current	Previous	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
							22kg	125cm	(14.08)	<=13.40	<15.40	<17.60	>19.60
							20kg	124cm	(13.01)				

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis

## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Manipulative Skills

### Over arm throw

- Swing through - long arm at release
- Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction
- Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm
- Follow through with the throwing arm - in the direction of the target
- Definite turning of the body through legs, hips and shoulders

Term-I	Term-II
✓	x
✓	x
✓	x
✓	✓
✓	x

### Striking drop & hit forward

- Ball held in fingers of opposite hand with fingers pointing to the ground
- Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.
- TT bat held in preferred hand, shake hand grip
- Stance is side-on the hitting direction with body weight on the back foot
- The arm is outstretched perpendicular to the direction of hitting
- During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction

Term-I	Term-II
✓	x
✓	x
✓	x
✓	✓
✓	x
✓	✓

## Locomotor Skills

### Jumping and landing

- Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully
- Arms swing back behind the body and crouch position is deeper in preparation
- Landing is controlled, balanced and safe
- Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.

Term-I	Term-II
x	x
x	x
x	x
x	✓

### Skipping

- Step-hop pattern is smooth and coordinated
- Children land on their toes
- Arms extended to help maintain balance while shifting weight from one foot to another
- Force applied upwards for the hop action to allow the opposite leg to swing forward freely

Term-I	Term-II
x	x
x	x
x	x
x	✓

# Skill Assessment Report

**Name** HETAL SUNIL UIKEY  
**Class** II-A  
**Age** 7 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321119000365  
**Gender** Female

	Period	Weight	Height	BMI
Current	10/1/2019	21 kg	120 cm	(14.58)
Previous	4/1/2019	20 kg	123 cm	(13.22)

## Coordination

### Plate Tapping (25 cycles)

Term-I	Term-II
x	18 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	3 falls

## My BMI

	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
Body Mass Index					21kg	120cm	(14.58)	<=13.40	<15.40	<17.60	>19.60
Current	█										
Previous	█				20kg	123cm	(13.22)				

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis

## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Locomotor Skills

### Skipping

- Force applied upwards for the hop action to allow the opposite leg to swing forward freely
- Arms extended to help maintain balance while shifting weight from one foot to another
- Children land on their toes
- Step-hop pattern is smooth and coordinated

Term-I	Term-II
x	x
x	x
x	x
x	✓

### Jumping and landing

- Arms swing back behind the body and crouch position is deeper in preparation
- Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully
- Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.
- Landing is controlled, balanced and safe

Term-I	Term-II
x	x
x	x
x	x
x	✓

## Manipulative Skills

### Over arm throw

- Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction
- Definite turning of the body through legs, hips and shoulders
- Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm
- Swing through - long arm at release
- Follow through with the throwing arm - in the direction of the target

Term-I	Term-II
x	x
x	x
✓	x
✓	✓
✓	x

### Striking drop & hit forward

- TT bat held in preferred hand, shake hand grip
- Ball held in fingers of opposite hand with fingers pointing to the ground
- The arm is outstretched perpendicular to the direction of hitting
- Stance is side-on the hitting direction with body weight on the back foot
- During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction
- Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.

Term-I	Term-II
x	x
x	x
x	x
x	✓
x	x
x	✓

# Skill Assessment Report

**Name** SHUBH SARWAN  
**Class** II-A  
**Age** 7 yrs  
**School** KENDRIYA VIDYALAYA JV JAMMAI  
**User ID** 232100122321119000373  
**Gender** Male

	Period	Weight	Height	BMI
Current	10/1/2019	19 kg	117 cm	(13.88)
Previous	4/1/2019	18 kg	112 cm	(14.35)

## Coordination

### Plate Tapping (25 cycles)

Term-I	Term-II
x	24 secs

## Balance

### Flamingo Balance Test (60 secs)

Term-I	Term-II
x	2 falls

## My BMI

Body Mass Index	Current	Previous	UW	N	OW	OB	Weight	Height	My BMI	Under Weight	Normal	OverWeight	Obese
	19kg	18kg					19kg	117cm	(13.88)	<=13.80	<15.40	<17.40	>19.20
							18kg	112cm	(14.35)				

## Medical Profile

Blood group	Left Eye	Right Eye	Flatfoot	Scoliosis	Kyphosis	lordosis

## Divyang Profile

In Seeing	In Hearing	In Speech	In Movement	Mental Retardation	Mental Illness	Multiple Disability	Anyother
N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

## Manipulative Skills

### Over arm throw

- Swing through - long arm at release
- Follow through with the throwing arm - in the direction of the target
- Definite turning of the body through legs, hips and shoulders
- Throwing arm is swung far back in preparation for forward swinging action, with opposite arm is raised for balance/direction
- Weight transfers from back foot to front foot, with a step with the opposite foot to the throwing arm

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓
✓	✓

### Striking drop & hit forward

- TT bat held in preferred hand, shake hand grip
- Ball held in fingers of opposite hand with fingers pointing to the ground
- Ball is hit on the rebound, level with waist, elbow slightly bent. Bat follows the direction towards the target.
- The arm is outstretched perpendicular to the direction of hitting
- Stance is side-on the hitting direction with body weight on the back foot
- During swing, weight is transferred onto the front foot, and hip and shoulders rotate in forward direction

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓
✓	✓
✓	✓

## Locomotor Skills

### Jumping and landing

- Arms swing forward with force during take-off, reaching up high, with Ankles, knees and feet extending fully
- Arms swing back behind the body and crouch position is deeper in preparation
- Body leans forward at landing and shock is absorbed through the giving action of ankles, knees and hips.
- Landing is controlled, balanced and safe

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓

### Skipping

- Step-hop pattern is smooth and coordinated
- Arms extended to help maintain balance while shifting weight from one foot to another
- Children land on their toes
- Force applied upwards for the hop action to allow the opposite leg to swing forward freely

Term-I	Term-II
✓	✓
✓	✓
✓	✓
✓	✓